

Intention & Integrity



2022 Fall/Winter

Financial and planning ideas for friends of the Chester River Health Foundation

A better state of care.



To provide a better state of care, all of us at UMMS are centered around these five core values that define our work.

1. We provide care and embrace our patients, families, team members and communities with **compassion**.
2. We are relentless in our pursuit of **discovery** and innovation.
3. We strive for **excellence** across all aspects of our mission.
4. We foster inclusion and embrace **diversity** in human experiences, ideas and perspectives.
5. We earn the trust of patients, one another and our communities by behaving morally, ethically and with **integrity**.

It's All About You!

Each fall, the Foundation takes great pride in recognizing and thanking the many people, businesses and foundations who supported the enhancement of vital and often life-saving health care services at UM Shore Medical Center at Chestertown during the past fiscal year.

Your hospital is licensed for up to 25 inpatient and observation beds, in addition to our Emergency Department's 18 beds. Under the new model, the hospital serves as a health and wellness hub for Kent and northern Queen Anne's Counties.

Using a multi-tiered approach, staff are stepping outside of the hospital's walls to help reduce the impact of chronic diseases and improve the overall quality of life for our community. This integrated approach embraces our new mobile wellness team and an extensive health education program, in addition to traditional hospital and Emergency Room programs and the future Aging and Wellness Center of Excellence.

The hospital earned the Level 2 "Age-Friendly Health System" and "Healthy People 2030 Champion" designations, which signify our commitment to ensuring all people are first asked what matters to them most so that the highest-quality, evidence-based care is provided on an individualized basis. Our vision is for all people to achieve their full potential for health and well-being across their lifespan.

The Emergency Department, which treats 15,000 people a year of all ages, earned accreditation as a "Level 3 Geriatric Emergency Department," by implementing policies and practices that address mobility, fall prevention, nutrition, pharmacy and placement with acute rehabilitation centers when appropriate, for a population with various chronic conditions and special needs.

The Mobile Wellness Team received 145 referrals from organizations such as the health department, police and health care providers and made over 400 home visits, which included: connecting patients with a new health care provider; connecting people with mental health services; and providing one-on-one consultations with a pharmacist who eliminates barriers to affordable medications, and provides education about taking medications as prescribed.

Looking ahead, the Medical Office Building is beginning its transformation into the future home of the Aging & Wellness Center of Excellence, which will provide outpatient services and specialists to address the unique needs of our aging community. Key services will include: cardiopulmonary rehab, diabetes and endocrinology, the Eleanor & Ethel Leh Women's Center, general surgery, cardiology, pulmonology, telemedicine programs, and laboratory and diagnostic imaging.

All of our efforts are for you. We are here for you whenever a need arises. We would be very grateful for your charitable support and ask that you consider making a thoughtful gift before December 31, 2022, to help keep the excellence moving forward!

It's The Right Thing To Do.

Since our modern donation records have been kept, the Rock Hall Marine Railway and its owners, Elmer and Ann Leary and their children, Rick and Debbie, have made a charitable gift to the Foundation to support exceptional patient care at UM Shore Medical Center at Chestertown. They have donated every year since 1991!

Their gifts have touched every imaginable dimension of local health care, including: the complete modernization and expansion of the hospital between 1989-1991; the expansion of the Emergency Department in 2000; the creation of the Eleanor & Ethel Leh Women's Center in 2013; the creation of our new, state-of-the-art and geriatric-certified Emergency Department; the modernization of the telemetry unit on the second floor of the hospital; the purchase of new or replacement medical equipment and technology throughout the hospital; and the funding of scholarships for advanced education and specialty certifications for team members.

Understated and charming, the Leary family has been operating its business, located in the heart of Rock Hall Harbor, since 1928. It was established by Elmer's grandfather, Ellsworth, and continues to remain open year-round. The fifth generation of the family, Rick's son, is also involved in the business now. When asked if he ever takes a vacation Elmer said, "Well, I take off Sundays, December through March. That's my vacation.... and Rick plays golf every once in a while."



Elmer Leary (left) and his son, Rick (right) take great pride in their marine railway business, as well as their annual support of the Foundation.



Charter boat Captain Wayne Gatling says, "Elmer showed me how to do everything to my boats going back to when I bought my first wooden boat 48 years ago. I will not buy anything for my business from anywhere else unless "The Railway" doesn't have it and I need it that second."

Elmer says that seventy five percent of his customers are pleasure boaters. And according to two of them, Steve and Judy Cooper of Worton, "We know our boat receives the very best of care whether in its slip or in winter storage there".

Today, the Rock Hall Marine Railway is one of the last remaining, fully-operational marine railways in the Chesapeake region.

Intention & Integrity. It's the name of our newsletter. Its name exemplifies the spirit of the Leary's steadfast support of the hospital as well as the community their business proudly serves.

When asked why he sends a donation every year, Elmer said, "It's the right thing to do... and I haven't received my envelope yet this year."

Partners In Wellness

The Foundation honors and values the thoughtfulness and generosity of each person, business and foundation who helps make possible many of the capital improvements, medical equipment purchases, technology advances and employee scholarships at UM Shore Medical Center at Chestertown. We are pleased to present our Partners in Wellness for fiscal year 2022 (7/1/21 – 6/30/22).

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We have made every effort to be accurate and inclusive in our annual donor recognition. Please advise us of any miss-spellings, omissions or errors by calling (410) 810-5660 or send an email to: mruehrmund@umm.edu.
Thank you!

Heritage Society

If we were to ask our children or other close relatives to list our values and goals, what might they say about us? Chances are, we won't be remembered for the cars we drove or the clothes we wore but we will be remembered for the principles by which we lived and the causes we supported.

Through the years, our community has been blessed by the many benefactors who created their personal legacies by supporting our healthcare programs and services through their charitable gifts. Members of our Heritage Society have made a life-income arrangement with us or have advised us of their plans to make a gift in their estate plans or wills for the benefit of the people we serve.

Our Heritage Society proudly recognizes, thanks and honors all of these people and their family members.

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Required Minimum Distributions

If you have a retirement plan and are required to withdraw funds annually, you may find that using all or a portion of the required withdrawal to make a charitable gift can be an excellent way to minimize or even eliminate taxes on the withdrawal. Generally, up to \$100,000 of these "tax-favored gifts" can be given in this manner each year.



The Chester River Health Foundation is participating in the Redner's "Save-A-Tape" program through which the Foundation receives a one percent (1%) donation for the total of all receipts collected. To date, we have received \$2,862 from Redner's just by submitting the receipts our community and staff give to us! Please start saving your receipts today, and ask all of your friends, neighbors and family members to save their receipts for us as well! A collection box is located in the hospital's lobby or they can be mailed to us at 100 Brown St., Chestertown, MD 21620.



AmazonSmile is a simple way for you to support our efforts every time you shop at Amazon, at no cost to you. Simply start your Amazon shopping at smile.amazon.com and choose the Chester River Health Foundation as your charitable organization and we will receive .5% from eligible purchases!

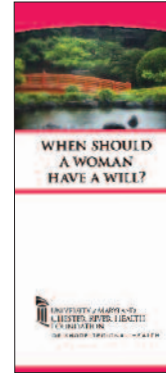
Create Your Legacy & Become a Member of our Heritage Society

After first providing for the needs of your family, we would be grateful if you would include a gift to us in your will or other estate plans. Our community and its patients will benefit greatly!

Suggested language:

"I give to the Chester River Health Foundation, tax ID #52-1338861, a 501(c)(3) charitable organization located at 100 Brown Street, Chestertown, MD, 21620, ____ percent (____%) of my adjusted gross estate, or the sum of ____ dollars (\$____), or all the rest, residue and remainder of my estate. This gift is for the unrestricted use of the Foundation to benefit the advancement of health care services for my community."

When Should A Woman Have A Will?



Today's women are a powerful, financial force who accumulate, manage and distribute a significant portion of the wealth in the world. Order this booklet to learn more about when a woman should have a will.

Protecting Your Rights With A Will



Just as a photo captures a moment in time, a will records your wishes when it is written. As circumstances change, so should your will. Order this booklet to learn more about how to protect your rights with a will.

If you would like a copy of either booklet please check the appropriate box on the enclosed card, return it to us and your copy will be its way!

For more information, contact:

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